



Volleyball Canada, in partnership with Ontario Volleyball and OVA Region Six is pleased to offer a world-class International Coaching Symposium, in conjunction with the FIVB Nations League. The symposium and matches, which include the national men's teams from Canada, USA, Australia and Germany, will be held June 8-10th, in Ottawa, Ontario, Canada.

The Symposium will offer two streams:

The High Performance Stream targets coaches of athletes above 16 years old, who aspire to compete at the highest levels of the sport. Coaches of Premier Club, College, University, Provincial and National Teams will all benefit from this program. The presentations will all deal with advanced level training and tactics. (Sessions Friday, Saturday and Sunday + 6 match tickets)

The Athlete Development Stream targets coaches of athletes 16 and younger, including elementary and high school coaches. If you are working with athletes who are still developing and/or are fairly new to the sport, this stream is for you! Presentations in this stream will deal with core principles as well as fundamentals and basic tactics. – Saturday and Sunday Only (includes Friday night tickets)

#### HIGH PERFORMANCE STREAM – LIST OF PRESENTERS:

John Kessel (USA): 'Are you training for practice or performance' – Classroom

Glenn Hoag (Arkas, Turkey & Former Team Canada): 'Developing a Coordinated Block-Defense system'

Scott Koskie (Former Team Canada Women): 'Training the Advanced Setter' – On court

Glenn Hoag: 'Developing & Training your Game Plan for Specific Opponents – Classroom

John Speraw (USA Men's National Team Coach): 'Olympic Tendencies & Changes in the Game' – Classroom

Larry McKay (Canadian National B Team & U. of Winnipeg): 'Identifying the need for, and making In Match Adjustments' – Classroom

Stephane Antiga (Team Canada): 'Training the Advanced Receiver/Outside Attacker' – on Court

Mark Lebedew (Team Australia): "Advanced Serving Tactics" – Classroom

Paulao Jukoski (Brazil - Three time Olympian as a player 1988, 1992 and 1996 (team captain)

– Training the Advanced Middle Blocker/Attacker (2 sessions)

#### ATHLETE DEVELOPMENT STREAM- LIST OF PRESENTERS:

John Kessel (USVBA) -Training Cue Reading and Decision Making in the Developing Athlete – on court

L.P. Mainville (OVA) – Training Blocking in the Developing Athlete – on court

Scott Koskie (MVA) – Training the Developing Setter – on court

John Kessel - Maximizing your Training - Making Practice Deliberate – On Court

Alexandra Krahn (Team Ontario & U of Toronto) – Building a Championship Culture - classroom

Francois St. Denis (Team Ontario, Canada's Jr. National Team & Ottawa Mavericks) - Training Defense in the developing athlete on court

## Performance Coach Workshop Schedule | DRAFT HP Coaches Symposium | Nations League Matches

	Performance Coach Workshop			HP Coaches Symposium and Nations League		
	Tuesday, June 5	Wednesday, June 6	Thursday, June 7	Friday, June 8	Saturday, June 9	Sunday, June 10
8:30	Classroom Work					
9:00			Video Feedback	Glenn Hoag Developing a coordinated Block-Defence system	John Kessel Are you training for practice or performance	Paulao Jukoski Training the Advanced Middle Blocker
9:30		Training athletes with NT Staff	Training athletes with NT Staff	Mark Lebedew Advanced Serving Tactics	Scott Koskie Training the Advanced Setter	
10:00						
10:30						
11:00						
11:30						
12:00						
12:30						
13:00						
13:30		Editing and Analysis	Editing and Analysis	Stephane Antiga Training the Outside Attacker	John Speraw Olympic Tendencies & Changes in the Game	Larry McKay Identifying the need for, and making In Match Adjustments
14:00						
14:30						
15:00						
15:30		Video Feedback	Video Feedback	Glenn Hoag Developing and Training your Game Plan for specific opponents	Paulo Jukoski Training the Advanced Middle Blocker	AUS vs. GER
16:00		Training athletes with NT Staff	Training athletes with NT Staff			CAN vs. USA
16:30						
17:00						
17:30						
18:00			GER vs. USA	USA vs. AUS		
18:30						
19:00						
19:30			CAN vs. AUS	CAN vs. GER		
20:00						

Note: Coaches may choose to attend only the Performance Coach workshop, or both the workshop and the HP Symposium and Nations League Matches. More details to come.