

Day	Day 1	Day 2			Day 3		
Location	Classroom	CRT 1	CRT 2	Classroom	CRT 1	CRT 2	Classroom
7:30		Breakfast			Breakfast		
8:00					<i>Presentations to Athletes</i>		
8:30	Classroom Work	Practice	Practice	Filming	Practice	Practice	Filming
9:00							
9:30							
10:00							
10:30				Editing			Editing and Debrief
11:00							
11:30							
12:00	Lunch	Lunch			Lunch		
12:30							
13:00	Classroom Work			Presentations to coaches			Presentations to coaches
13:30							
14:00							
14:30							
15:00							
15:30		Presentation to Athletes			Presentations to Athletes		
16:00	Classroom Work	Practice	Practice	Filming	Practice	Practice	Filming with ipads and giving feedback
16:30							
17:00							
17:30							
18:00							<i>Debrief</i>
18:30	Dinner	Dinner			Dinner and/or Coaches Depart		
19:00							
19:30	Social	Homework					
20:00							
20:30							